

# Ageless Knees By Christopher Ochocinski



Ageless Knees is a system that has four components. These components will help you to get the most from your rehabilitation program. Seven minutes daily are all you need (14 for each knee) to live a pain-free lifestyle.

Chris  
Ochocinski

Have you got bum knees? The same problem affects hundreds of thousands of Americans. Your knees can become damaged, causing pain, a reduced range of motion and decreased mobility.

## [AGELESS KNEES SUPPLEMENT: OFFICIAL WEBSITE](#)

People with bad knees often rely on dangerous medications such as painkillers and NSAIDs in order to be pain-free or to at least reduce the pain they feel when they move. This approach can be dangerous because these drugs are addictive and ruin your health.



It's not surprising that many people choose knee replacement surgery as a solution. This approach, however, is incorrect and has inconsistent results. Replacement surgery can cause blood clots and nerve damage. It also increases the risk of infection. Some patients take over a year before they are able to walk again.

You may need a revision surgery after your rehabilitation, which will put you right back where you started. What if you could restore your knee's range of motion and mobility without surgery? What if there was a way to eliminate pain and not rely on medications to get through the day?

What is the Ageless Knees Program (Ageless Knees Program)?

Chris Ohocinski, the creator of the ageless knees program. Chris Ohocinski graduated with a BS degree in Athletic Training Sports Medicine from East Stroudsburg University. He is a Nationally Certified Athletic trainer and the Supervisor of Sport Medicine for the White Hall-Coplay School District.

Chris created the Ageless Knees Program after working with patients for more than 10 years. He watched them

struggle to recover from their injuries, and he saw that they turned to painkillers or NSAIDs for relief.



Chris has seen thousands of patients rehabbing their legs the wrong way. Some patients went as far as knee replacement surgery. Some people would use supplements such as MSM, glucosamine and chondroitin in order to "rebuild" the cartilage of their knees to avoid surgery.

All these approaches were wrong. He took his experience and created a simple system that would help people improve their knee health by boosting their range of

motion and mobility without resorting surgery, medication, or supplements.

Chris' research helped him to discover the true cause of knee pain, and how he could prevent it from slowing down his client's recovery. The femoral artery runs through the front leg from the lumbar spinal base. This nerve controls the quadriceps, hip flexors and hamstrings.

This nerve is vital for movements such as squatting and lunging. It creates pain when it is dysfunctional. A sedentary life style is the main reason why many people have a dysfunctional nerve. The nerve weakens if it is not stimulated regularly, causing pain when the knee moves.

Chris created an exercise system, as well as a unique tool, the "Miracle Massage Wand", after reading research about the femoral nervus from The University of San Francisco (USC), Boston University, and The University of San Francisco.

He called his technique "electro-acupuncture," and it forms the base of the Ageless Knees system. Chris' client saw significant improvements in their knee mobility and range-of-motion by combining these techniques with specific rehab exercises.

## [AGELESS KNEES SUPPLEMENT: OFFICIAL WEBSITE](#)

What do I get with the Ageless Knees Program?

Ageless Knees is a system that has four components. These components will help you to get the most from your rehabilitation program. Seven minutes daily are all you need (14 for each knee) to live a pain-free lifestyle.

What you can expect from the Ageless Knees Program?  
*Ageless Knees DVD*

This DVD is a visual guide for the Ageless Knees System. The DVD includes real-time instructional videos that you can use to improve your technique and make the most of your therapy. Even beginners without any rehab experience can easily follow Chris through the routine.

*Ageless Knees Digital Downloads*

Ageless Knees is available digitally, so you don't have to wait to receive the program. These digital lessons will allow you to get started immediately. These videos can be viewed on any phone or laptop with an operating system other than Windows or Mac.

## *Ageless Knees Digital Handbook*

This guide will give you an overview of the Ageless Knees Program. The guide provides step-by-step directions on how to perform the exercises, along with easy-to-follow visual instructions.

## *Miracle Massage Wand*

This is the core of the system. This tool jumpstarts the femoral nervus, so you can get the most from your therapy sessions. The wand sends a small electrical current into the nerve to activate it. Electrical pulses have been shown to reduce pain and improve range of motion.



## *Commit to Ageless Knees & Restore your mobility*

Why spend \$30,000 for knee surgery, when the Ageless Knees System can repair your joints at a fraction of that

price? The Ageless Knees System will reduce swelling and pain without spending hundreds of dollars in pain medication or creams.

This program will not cost you thousands. Chris wants to assist as many people possible in overcoming their joint dysfunction, and achieving total mobility and range-of-motion pain free. This system is normally sold for \$137. But you can purchase this highly effective program for a low, special price.

When you order today, you'll only pay \$67 plus \$7.99 shipping. Chris normally charges \$350 per therapy session. Today, you can get all of his knowledge at a fractional price.

After completing payment, you'll get your Miracle Massage Wand DVD and in 5 to 7 days. You will also receive an instant digital copy. While you wait for the DVD and massage wand to arrive, you can begin using the system.

It's normal to doubt such claims. Chris will guarantee your results. You can get a refund if your knees do not feel better after 60 days.

- Email: [sales@criticalbench.com](mailto:sales@criticalbench.com)
- Telephone: 1-727-351-3065

## Get Free Bonuses When You Order the Ageless Kness Program

You will receive two free bonuses when you purchase the Ageless Knees Program today. You can download these digital downloads immediately after placing your order.

### *Bonus #1: "Ageless knees exercise PDF"*

This is the PDF of the video training. This is a great tool to practice the exercises and assess them without having to watch the whole video.

### *Bonus #2: "3-Minute Morning Leg Flow"*

Discover a simple strategy for preparing your knees to face the day. This simple program increases range of motion, mobility and warms the knee joint.

## Ageless Knees - FAQ

Q. Will Ageless knees reduce my dependence on pain medications and NSAIDs?

A: Yes. You do not need pain medication. Instead, you should correct the structural imbalance of your knees. You'll feel less pain in your knees as your knee joint heals. This will reduce your need for pain medication and anti-inflammatory medications to manage your condition.

### *Q. Who can benefit from Ageless Knees?*

Chris Ohocinski is a knee specialist who has helped over 23,855 men, women and seniors overcome their knee pain. Ses clients include high school, college and professional athletes, as well as seniors. Chris believes that if you follow his Ageless Knees Program, you will be able to regain full mobility.

### *Q. What do people say about Ageless Knees and their results?*

A: If you visit the Ageless Knees official online store, you will see dozens and dozens of testimonials by people who have had success with the program. It might work for YOU if it worked for them. What have you got to lose? Ageless Knees is available with a money-back guarantee.

### *Q. Why Ageless Knees instead of knee surgery?*

Many insurance policies do not cover the cost of knee replacement surgery. A study published in The New England Journal of Medicine found that patients who have surgery may need a second procedure to correct the problems caused by their first surgery. Ageless Knees is a way to improve the structural integrity of your legs without having to undergo invasive procedures.

## A: Is Ageless knees a supplement or a product?

A: No. Ageless Knees is an alternative to supplements such as turmeric, CBD, MSM, chondroitin glucosamine or collagen. These supplements are not ineffective, but they do not address the root of the problem. Ageless Knees tackles the issue from a structural perspective, making sure your knees remain strong and healthy.

### Choose Your product below

**AGELESS KNEES DIGITAL**

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+Free Bonuses

Get a digital copy of Ageless Knees and Bonuses via instant download from anywhere in the world. Download it to your computer, mobile or tablet device for **instant enjoyment!**

**Does NOT include the DVD or Massage Wand.**



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~~\$97~~ **\$47**

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